



INTERNATIONAL
PSA-ACADEMY
EXECUTIVE SECURITY TRAINING SOLUTION

2019

**"THE CUTTING EDGE OF
REALITY BASED TRAINING FOR
TOMORROW'S
SECURITY PROFESSIONALS"**



UN SUPPLIER

BODYGUARD TRAINING PROGRAM

PSA-ACADEMY.ORG



The PSA's Bodyguard Training Program

The bodyguard training program of the PSA is done with the methods and the specially crafted and assembled educational material and themes based on the experiences and knowledge used by the centre's founder and other security, anti-terrorist experts, agents and protection officers working in various areas of security and protection around the world; the **British (SAS)**, the **American (Secret Service and Diplomatic Protection Service)**, the **Russian (President's Bodyguard Unit)** and the **Israeli Security Service**.

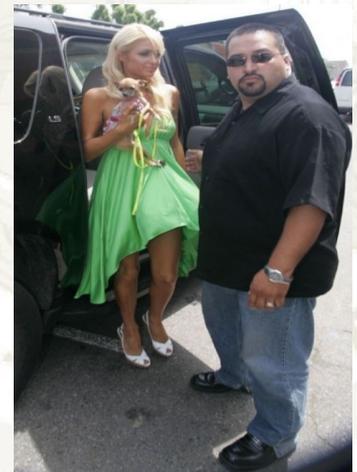
The satisfaction of the market and the needs, of the clientéle, with the consideration of the modern age, international terrorism and the new crime-committing devices and methods were also top priority in the development and structuring of the educational material, not counting the professional challenges.

The TCCS is specially developed educational system and themes are recognized by many international organizations and thanks to that, it also functions as an accreditation educational institute for many international organizations, so its courses are now recognized and accredited in several countries around the world.

The PSA's Bodyguard Training Program - considering these needs - offers training and specialized further training in the following 5 fields of study.

1. Celebrity Bodyguard/Executive VIP Protection:

This module has been planned and developed for the protection of celebrities, singers, movie stars and artists. The module teaches the students about the continuous or periodical escort and protection of celebrities at premiers, concert tours, filming locations or other events, in low profile of demonstrative mode, they also learn the skills required to assist their bodyguards with no local knowledge, to cooperate with co-organizations (local police or other security staff), how to treat or counter problems, incidents, attacks among other skills like: defensive driving, EOD methods, weapon skills, etc.,



This module is built up in 3 levels. Each level is in **250 hours**.

Level: basic, advance, team leader



2. Business Area/Personal assistant:

This is an extended version of the celebrity bodyguard module, which focuses on the protection of VIPs working in the business sector, for example: businessmen, CEO-s, bankers, bank managers. It teaches the treatment of problems found in the business sector, business protocol and etiquette commonly used in the business sector and prepares the students to fulfil secretary assistant tasks and furthermore deals with information security, reconnaissance of intercepting devices and the protection of information during the organization of a conference.



This module is built up in 2 levels. Each level is in **250-300 hours**.

Level: basic, advance

3. Diplomatic Corps/Diplomatic Bodyguard:



This module is developed for the complex protection and security of delegations, diplomats, politicians and their families. This is the extended version of the business bodyguard, which deals with the diplomatic protocols, diplomats' and delegations' security, the complex protection of diplomatic facilities, representation, organization of protocol events, in and out access control as well as assembling and securing the diplomatic convoys; all of these are based strictly under the professional principle without

any affiliation to politics or ethnicity. We suggest this module for those people and teams, who wish to work in the diplomatic sector.

This module is built up in 3 levels. Each level is in **250 hours**.

Levels: basic, advance, team leader or commander.



4. Kid Guard/Child Bodyguard



This field of knowledge is starting to become more accepted due to the global increase of kidnappings and abductions. Let us not forget, that the VIP's family members are living unknowingly in the same threat as the target person. The attacker or hit-man will see the high level of protection, which the target person is receiving, so he might try to find a way to get a chance, where he can achieve his goal with the lesser amount of energy. The simplest way is through the target person's family members, and children. Let us just think about it, every normal person would do anything for their children, the target person can be blackmailed and will be vulnerable this way.

That is why - due to other training companies, agencies, and organizations, who say that this field is somewhere between a bodyguard and a babysitter - we say that the protection of children is a priority in personal protection, because a child is honest and tells the truth and a child's soul is much more vulnerable, so in high risk situations, it is much more difficult to get it in the line of defence or into conspiracy ordinations due to his way of life and age. This module contains pedagogy, psychology, child's first aid, and child care knowledge in addition to the complex normal personal protection skills.

We suggest this module as a basic for those, who work with children and for those, who are employed in this line of work or for those, who work for families as residential babysitters and the level of threat requires these additional skills.

This module is built up in 2 levels. Each level is in **250 hours.**

Levels: basic, advance



5. Military Bodyguard/PSD/PMC (Private Military Contractor)

This is the 5th field, which contains the most knowledge and is taught in the highest number of courses. The module is the extended version of the diplomatic bodyguard module, which features next to the protection of VIPs, facilities, and shipments also the assembly and security of armed convoys. With the usage of military satellite radios, map orientation and GPRS, special field surgery basics (TCCC- Tactical Combat Casualty Care), reconaissance and observation skills, as well as the prospective PSD mental preparation by the "extreme stress training" based on special psychological principles, which are used by special forces and elite law enforcement squads.



This level is only suggested for those, who have previous experience, or received the complex Diplomatic bodyguard module training program, but they also have to do a profession and physical test.

By knowing all this, we suggest this only to those civilians, besides military and law enforcement squads, who are aware of their skills, know their limits and are open to learn new skills, refresh or overwrite old ones and can get on with the strict discipline and can stand the stress, which comes with the special training's difficult physical and mental elements.

This module is built up in 2 levels. Each level is in **350-400 hours**

Levels: basic, advance



General information

All modules of the PSA's Bodyguard training program are intensive residential educational systems, which are in 2-3 weeks periods, containing live firearms practice and situations taking place under extreme stress.

The Celebrity/Business/Kid Guard modules concentrate specially on small arms weapons at different stages starting from the basics, while the Diplomatic and Military modules use sub - machine guns, assault rifles, and rifles besides the small arms weapons and also teach the combination opportunities of their fire power and techniques.



Through our centres there are numerous opened and closed shooting ranges in worldwide, so we run the armed trainings primarily in own regional training centres or branches like our European centre in Hungary, Poland or Asian in Malaysia and African in Nigeria as well as US training centres in Florida and Georgia.

All of the PSA's Bodyguard training program modules will feature and emphasize the following 10 fields of education appropriate to the given moduls and levels:

COURSE SYLLABUS:

Unit 1 Escort - This is walking in close proximity to the principal (VIP). As the threat increases, the number of bodyguards required in escort also increases, and they assume a phalanx formation. The object of escort is observation and protection through 360 degrees, and intervention when necessary. The training peaks with an intensive final exercise that combines all the skills and knowledge obtained throughout the duration.

Unit 2 Tactical Close Combat System/Krav-maga – The Krav-maga is very effective defensive system. This special close combat style is from Israel, but the special unit and secret services of many countries also learn and use it because of its efficiency. The methods used include firearms, edged and impact weapons, unarmed combat, arrest and restraint techniques. The CPO has to be able to handle all types of different combat situation. They also have to have skills not only to hand fight, or to use restrain technique, but also being able to parry an attack with protective driving or during a protective escort. The programs for Bodyguard include fast and effective way of using acupressure points on the body in certain situations.



COURSE SYLLABUS (CONTINUE):

Unit 3 Protective driving - Obviously the principal (VIP) do not wish to walk everywhere. It may be acquired on a ground level with the occasion of the course the defensive leadership techniques. The defensive phase seeks to avoid potentially dangerous situations and enables the vehicle to escape from an ambush.



Unit 4 Improvised Explosive Devices (IED) - Search and recognition enables the bodyguard to locate and identify threats posed by explosive and incendiary devices constructed from military or civilian components. The bodyguard's responsibility is then to evacuate the area and contact the appropriate authorities.



Unit 5 Tactical Shooting Skill - A 3-5 day introduction to safe practical and effective firearms handling. This course is specifically designed - since the education starts from the very beginning and is built on three levels - to train candidates in the fundamentals of pistol shooting, from safe handling to fast, accurate and effective close quarter shooting.

We will slowly work our way up so that the shooting position, aim and shot are all correct. After this you will be shown the most up to date techniques currently taught to Police and special forces units in the UK, USA and Israel to enable you to shoot with clinical efficiency and speed in a variety of realistic tactical situations.

This way we secure that all students - regardless of prior experience - will get a good result at the end of this course.

Unit 6 Law and Legislation - the role of a CPO requires individuals to be fully conversant, cooperative and knowledgeable of the law, and to understand the relationships between the CP Industry and official law enforcement agencies. Again this is achieved by classroom discussions, videos and practical scenarios application stress under pressure.



COURSE SYLLABUS (CONTINUE):

Unit 7 Communication, Incidents-Dilemmas and Conflict management- Conflict in the CP jobs seems to be a fact of life. We've all seen situations where different people with different goals and needs have come into conflict. And we've all seen the often-intense personal animosity that it can result. The fact that conflict exists, however, is not necessarily a bad thing: as long as it is resolved effectively, it can lead to personal and professional growth. We teach you how to deal with conflicts - rather than avoiding it - as it is indispensable.



Unit 8 Medic (Emergency First Respond or TCCC) - First aiders restore function. Besides life support techniques for the VIP and other bodyguard and for people, the management of ballistic injury is required to cope with the various effects of bullet and shrapnel wounds such as haemorrhage, as well as burns and fractures etc. The CPO learns how to use the AED (automated external defibrillator).

Unit 9 Risk assessment, operational planning and safe route selection - It is important to identify and quantify the risks when working as a CPO and good planning and preparation is an essential part of the role. Exercises and classroom activities incorporate a large part of this module where delegates will actually plan and prepare for an operation leading to the final exercise.

Unit 10 Surveillance and Reconnaissance - This module will introduce you to the concept of surveillance and counter surveillance and is a key to protect clients as most pre-meditated attacks include some form of surveillance. Preventative and proactive measures to detect surveillance are taught and related to real life incidents. There must also be procedures when things don't go as planned and the ability to think on your feet will be developed during the course.





Tactical House and „Extreme Stress Program“

During our trainings we use a specially designed building, divided by rooms and corridors, the 'Tactical House'.

The designs of the rooms are created - based on the requirements of the contractor and the type of the training. In this way each group may focus on their specific life situations applied in a training exercise.

For the training we use a specially designed simulation weapon. This weapon looks like, feels like, and works like the real one, the only difference is the bullets - made by plastic - which contains paint.

With the combination of environment, the program and the special weapons used, we create an „extreme stress level“ situation where we can see each individual's personal reaction to certain situations.

The other part of the program is the 'Extreme Stress Program'. This program is based on a hard psychological principle, and has been designed for elite forces, FBI agents, etc.



All the exercises are recorded by cameras and after each exercise the tapes are analysed, reviewed and corrections suggested.

Such knowledge and experience gathered this way is deeper, lasts longer and in real life situations are much more functional than any other.

The exercises are also usually monitored by a Pedometer (pulse counting watch). This watch checks and records each individual's heart rate, and with this it is possible to follow the individual's stress level, and changes the movement and coordination, etc.



TCCS Tactical Close Combat and Self Defence System

This system is not part of any self-defence or martial arts styles and neither a new martial arts branch, but a realistic, very effective complex defence and tactical system. This tactical system educates for special units / forces and secret services' members of many countries because of its effectiveness.

In every module of the PSA Bodyguard Training Programme we use training weapons and knives for the realistic experience of close combat and self-defence, furthermore for full contact of realistic scenarios we use "**RED MAN**" special purpose protective gear, used by the elite police, law enforcement units and special agent all over the world.

With this equipment the participants may land punches and kicks, carry out learnt techniques with full throttle on each other.

In our trainings we teach the Tactical Close Combat System, which is compiled by TCCS for Bodyguards.

The System includes the armed and unarmed fighting. The program is based on the most effective military close combat styles such as the **krav maga, gemart, kapap**, which originate from Israel, and because of efficacy these are used by the elite units and are taught at the secret services all over the world, or the **Systema**, which is also an old tradition but this style is not so well known system in our country, though its efficacy is unquestionable. This fighting is the method for Russian elite force / units and Specnaz and may be subject to the direct roots of Stalin's closest bodyguards.

The training program contains quickly feasible and very effective techniques, which teaches the human bodies acupressure points and the usage of these opportunities and the effects on the human body and also the attacks of these points and their techniques and tactics in different situations.

On the training you can acquire the correct behaviour and communication skills in conflict situations, and as in the last resort how to use common, everyday objects as Self-Defence tools during a fight to protect your VIP and your life.





INSTRUCTOR TEAM

The PSA Bodyguard Training Program is run by our specialist team of internationally recognized and highly experienced trainers, who throughout the years obtained much knowledge and personal experiences in the different special areas of the Personal Protection that is: Celebrity protection, Victim and Witness Protection and VIP Protection in war zones, on terror areas, Diplomatic and Embassy Protection and in other Specialist Security areas.

The team leader has real personal and battlefront experiences. He worked and protected VIPs in Iraq, Afghanistan, Africa and other dangerous zones of the world. He has International and NATO classifications, like military and police SWAT Instructor, VIP-Protective and anti-terrorist expert and specialist of the close combat.

QUALIFICATION

The PSA's Bodyguard Training Program has got recognition and qualification from more international and national educational organisations and institutions.

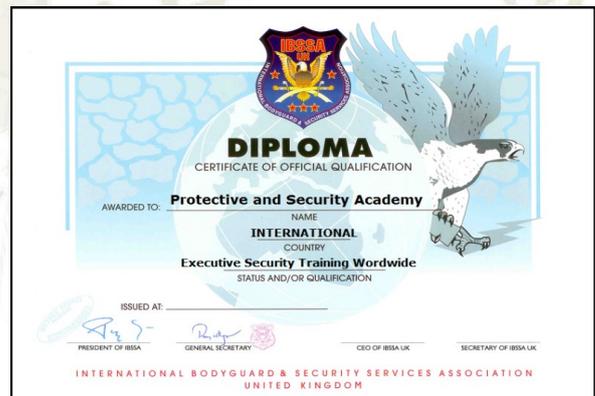
Our training is realistic, professional and high quality, which exceeds the requirement system of SIA and recognized worldwide.

Our Bodyguard Training Program has got also international recognition and qualification from the International Bodyguard and Security Services Association (IBSSA) - as an accredited and recognised training system and centre for security and anti/counter-terrorist sciences all over the world.

Graduates, who successfully stand in all course requirements, will be eligible to a professional international diploma, and bodyguard badge and ID-card of the International Bodyguard and Security Services Association (IBSSA), acknowledged in the world and having recognition both in the private and public sector.

The PSA's Bodyguard courses have received recognition also from the IBA (International Budo Academy, Israel), IISSS (International Institute for Security and Safety Sciences, USA), the Pro-Deo State University, USA and from other organisations and institutes.

If you have valid PSA's Diploma or Certificate in return for a plus administration fee an American, British and Israeli professional certificate/diploma may be available.





SIA LICENCE:

The PSA runs their bodyguard program all over the world so national characteristics and specifications that vary from the British system are all taken into account. In case a student would like to ask for a SIA Licence after training please indicate it because (s)he has to take a successful exam that complies with the British system and only then he can apply for obtaining the licence.

CANDIDATE:

In order to maintain quality of instruction and ensure that candidates receive personal attention, our course intake is restricted to 12-15 students per program.

10-21 days Full Time program.

Minimum participants for any course: 8 students per program.

Due to the popularity of our seminars we recommend that students wishing to attend a course reserve a place as early as possible to avoid disappointment.

COURSE'S LANGUAGE

Language of courses is English - Hungarian, but there is an opportunity to hold our seminars in Romanian, Russian, Ukrainian, Polish, Arabic, Hebrew, languages. If any other language inquires, please contact the International Protective and Security Academy.



TRAINING SITE

The courses are performed in the centres and modern facilities of the PSA academy. The PSA main Centres operate in the Europa in Hungary, in Africa in Nigeria and Ghana, in Asia in Malaysia as well as in US in Florida and Georgia. The Academy has official representation offices too in several country worldwide. However, it is also possible to a specific request by customers we do it the training on the client site.

CONDITIONS of ADMISSION

- secondary school / high school
- Clean criminal record
- Physical fitness
- Medical, Psychological suitability

Conditions of participation: valid accident insurance and signature of an of official secrecy declaration! Priority to admission will be given to candidates, who possess a professional previous experience. For example: in martial arts, Weapon treatment etc.



PHYSICAL FITNESS

- Horizontal bar pull-ups - 12 or more.
- 3,000 meters run – less than 15 minutes.
- Parallel Bar push-ups – more than 16.
- Sit-ups - Cross-Legged against the wall, minimum 60 sit-ups.
- 400 meter run - minimum 70 seconds - running in pairs

COURSE PRICE

Our courses are priced competitively. Prices vary through the type, location, length, duration (typically from two weeks) and any other specific needs of the course.

DATES

Courses available on demand

JOINING INSTRUCTION

Upon receipt of the deposit your booking confirmation and joining instructions will be issued to you, detailing all you need to know including a recommended kit list.

For more information about the programs and the specialized bodyguard courses/trainings as well as the requirement of the applications you can ask more details through email.

E-mail: info@psa-academy.org

Web page: www.psa-academy.org

In Association with



HEADQUARTER

The PSA Academy® is member of the PSA International Group™.

The PSA International is officially registered in Europe in Hungary and United Kingdom, United States and in Asia, Malaysia, and in Africa, Nigeria also and there are has a local regional offices and representations around the globe.

If you have any question, please call or write an email to our headquarters and contact team.

PSA INTERNATIONAL GROUP™

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EXECUTIVE SECURITY SERVICE AND TRAINING SOLUTION



THANK YOU FOR YOUR INTERESTING!